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| Sharing activities | Description | Environment advantages | Student advantages |
| Meal sharing | Meal sharing is a sharing activity that allows students to invite their flatmates to a meal inside the flat. The meal can be either delivered or self-made. |  | Meal sharing is an opportunity for the students to increment their social relationships. |
| Food sharing | Food sharing is a sharing activity that allows students to share food with their flatmates. | 1. Reduction of package waste 2. Reduction of food waste | The students’ advantage is that buying a large quantity of food is cheaper than buying a small quantity |
| Appliance sharing | Appliance sharing is a sharing activity that allows students to share their flat appliances. | 1. Reduction of energy consumption as flatmates can buy high energy efficient appliances rather than cheap ones with the same amount of money. 2. Reduction of material consumption as there are no unnecessary duplicates of the same appliance in the flat |  |
| Cleaning activities sharing | Sharing of cleaning activities is a sharing activity that allows students to clean the shared spaces of the flat contemporaneously. | Reduction of consumption as students may feel worried to be judged by the other flatmates if consuming a large number of resources | Sharing cleaning activities is an opportunity for the students to increment their social relationships |
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